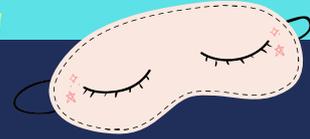




5 STUDY TIPS FOR ALL STUDENTS

1



Get Enough Sleep

So that your brain has the opportunity to consolidate new knowledge

2

Break Study Time Into Small Chunks

Space your learning over multiple days



3



Know Your Body

Study when you are at your most alert

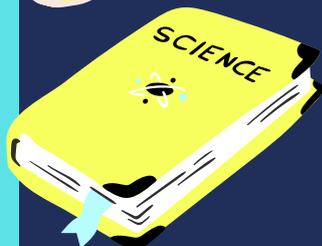
4

Turn Headings Into Questions

and read paragraph for comprehension



5



Test Yourself Frequently

when you study, so you can practice retrieving information

