

What's inside Infinite Abundance?

Simply put, Infinite Abundance will take you from Scarcity to Prosperity by giving you a key for each one of the 7 scarcity blocks.

SCARCITY LENS

I do not feel whole

I am not enough

I do not trust

I am not loved

I am powerless

i am not worthy

I am not safe

PROSPERITY LENS

i am prosperous

i am enough

I am trusting

I am loved

I am powerfull

I am worthy

I am safe and secure



Clearing the Way to Receive Abundance which is followed by 7 days of chakra cleansing meditations that activate and energetically infuse your intentions so that you release your money blocks, obstacles and limiting beliefs that keep you stuck in scarcity ways of being.



Creating a Safe Space for Your Soul (and Your Money) which is followed by 7 daily meditations and journaling exercises that help you reprogram your subconscious blueprint so that you feel a greater sense of safety, worthiness, empowerment, love, trust, knowingness and finally, abundance.










Awakening to Soul-FULL Expansion which is followed by 7 daily meditations that activate new possibilities and reconnect you with your higher self. This week is about experiencing expansion at the highest level of your being -- noticing who you are and why you are here in a bigger, brighter and more authentic way.










Love, Money and Creating What you Most Want which is followed by 7 daily chakra meditations and journaling exercises that awaken the potential hidden within -- so you can design your life and money exactly the way you want them to be and know what to do next to bring your dreams into reality. Finale empowers you to move forward from a state of abundance... feeling more calm and confident about your financial future than ever before.

This work goes deep and helps you address the obstacles impeding your life, free yourself from past trauma, refocus your energies, and step into your fullest potential in a matter of days and weeks rather than years and decades for mor information/ consultation email me at icare@rhodachalan.com.

THE SEVEN CHAKRAS AND THEIR MEANING

SYMBOL	CHAKRA & LOCATION	PHYSICAL BODY	BALANCED	OVERACTIVE	UNDERACTIVE	MANTRA	FOCUS / AWARENESS
	Crown Chakra (Violet) Top of the head	Brain, nervous system, pituitary gland	Balanced joy connected to the Source while aware of one's individuality	Overactive: addicted to spirituality, craving attention, needing to be popular, overerotic imagination	Misunderstood, can't have fun, unaware of or denying spiritual connection	I am abundant. I know. Silence/Aum	Vision/ Wholeness
	Brow Chakra (Indigo) Third eye, above the eye, center of the forehead	Pineal gland, eyes, nose, ears, skeletal system	Intuitive, charismatic, able to meditate, knows one's purpose, seen as wise	Spaced out, lost, worrying, seen as living in the fantasy world	Can't see the bigger picture, can be easily influenced, confused about one's purpose, self-doubt	I am enough. I see. Om	Integration/ Expansion
	Throat Chakra (Blue), base of the throat	Thyroid gland, larynx, trachea, ears, nose, teeth, mouth, throat, carotid arteries	Self-expressive, speaks truth, creative	Speaking too much, boring others, seen as critical, stubborn	Difficulty with self-expression, afraid to speak in public, cannot express creative side, seen as timid, dependent	I am expressive. I speak. Ham	Expression/ Significance
	Heart Chakra (Green), heart center of the chest	Circulatory system, respiratory system, arms, hands, shoulders, ribs, breasts, diaphragm, thymus gland	Loved, loving, empathetic, contagiously good vibes	Overactive, entitlement, jealousy, blaming others, giving too much	Unloved, self-pity, fear of rejection, neediness, clinginess, uncertainty	I am loved. I love. Yam	Love/ Rejection-Proof
	Solar Plexus Chakra (Yellow), between sternum and the navel	Nervous system, stomach, gallbladder, large intestine, liver, pancreas	Respect for self and others, confident, outgoing, problem solving, calm, integrity	judgmental, stubborn, bully	Low self-esteem, apathetic, procrastination, taking advantage of, not knowing what to do	I am strong. I do. Ram	Power/ Agency and Autonomy
	Sacral Chakra (Orange), Lower abdomen, 1-2 inches below the navel	Lymphatic & circulatory system, kidneys, adrenals, skin, female reproductive organs	Friendly, passionate, sexually fulfilled, good mood, playful, naturally flirty	Need power, manipulative, craving	Shy, guilty, afraid to interact, lost, overly concerned about what others think	I am creative. I feel. Vam	Sensitivity/ Playfully Curious
	Root Chakra (Red), Tailbone, base of the spine	Spine, bladder, blood, kidneys, male/female reproductive organs, legs, feet	Grounded, centered, belonging in the world, trusting, independent, alive, poised	Bossy, domineering, big ego, greedy, violent, addicted to work	Excluded from tribe, sexually inadequate, frustrated, fearful, shy, unsure	I am safe. I am. Lam	Security/ Releasing Scarcity

The Seven CHAKRAS and their Meaning

SYMBOL	CHAKRA & LOCATION	SHADOWS	MONEY	BUSINESS	CRYSTAL/SCENT	SONG	MASCULINE/ FEMININE
	Crown Chakra (Violet) Top of the head	Brain, nervous system, pituitary gland	Sharing in abundance with the world around you	Sharing in abundance with the world around you	Crystals - Quartz (clear) or amethyst Essential oils - Ylang-Ylang	Strawberry Fields Forever Beatles	Both-sided
	Brow Chakra (Indigo) Third eye, above the eye, center of the forehead	Pineal gland, eyes, nose, ears, skeletal system	Creating a legacy for others through your efforts and philanthropy	Creating a legacy for others through your work and life lessons	Crystals - Lapis Lazuli Essential oils - Frankincense	Imagine John Lennon	Feminine
	Throat Chakra (Blue), base of the throat	Thyroid gland, larynx, trachea, ears, nose, teeth, mouth, throat, carotid arteries	Feeling empowered about Investing (SRI socially responsible, impact, and governance)	others through your	Crystals - Turquoise and gem silica Essential oils - Lavender	That's What I Want Lil Nas	Masculine
	Heart Chakra (Green), heart center of the chest	Circulatory system, respiratory system, arms, hands, shoulders, ribs, breasts, diaphragm, thymus gland	Finding harmony and unity within giving and receiving	work and life lessons	Crystals - Rose quartz, aventurine Essential oils - Rose	Somewhere Over The Rainbow Israel Kamakawiwo	Feminine
	Solar Plexus Chakra (Yellow), between sternum and the navel	Nervous system, stomach, gallbladder, large intestine, liver, pancreas	Embodied money management - regardless of how much you have/don't have	Embodied and empowered by choice and unfettered agency	Crystals - Citrine Essential oils - Sage	Don't Stop Believin' Journey	Masculine
	Sacral Chakra (Orange), Lower abdomen, 1-2 inches below the navel	Lymphatic & circulatory system, kidneys, adrenals, skin, female reproductive organs	Mindful about healing deficiencies in your life - paying off debt	Creating opportunity for play and curiosity in your business	Crystals - Moonstone and aquamarine Essential oils - Sandalwood	Let It Be Beatles	Feminine
	Root Chakra (Red), Tailbone, base of the spine	Spine, bladder, blood, kidneys, male/female reproductive organs, legs, feet	Having a consistent stream of income/resources.	Releasing fear and lack-based patterns of being, thinking and doing	Crystals - Carnelian and black tourmaline Essential oils - Patchouli	Stand By Me Ben E King	Masculine