









**Today is
going to be a
great day.**

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**My mistakes
help me
learn and
grow.**

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**I have
courage
and
confidence**

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**I stand up
for what I
believe in.**

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**I have a sharp
mind which
makes me an
very good
student.**

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**I can
change the
world.**

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**I have a
winner's
mindset and
I love
accomplishing
my goals.**

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**I am
thankful
for today.**

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**I am
confident.**

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**I am
a good
helper.**

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**I make a
positive
impact on
other people's
lives.**

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**I
am
caring.**

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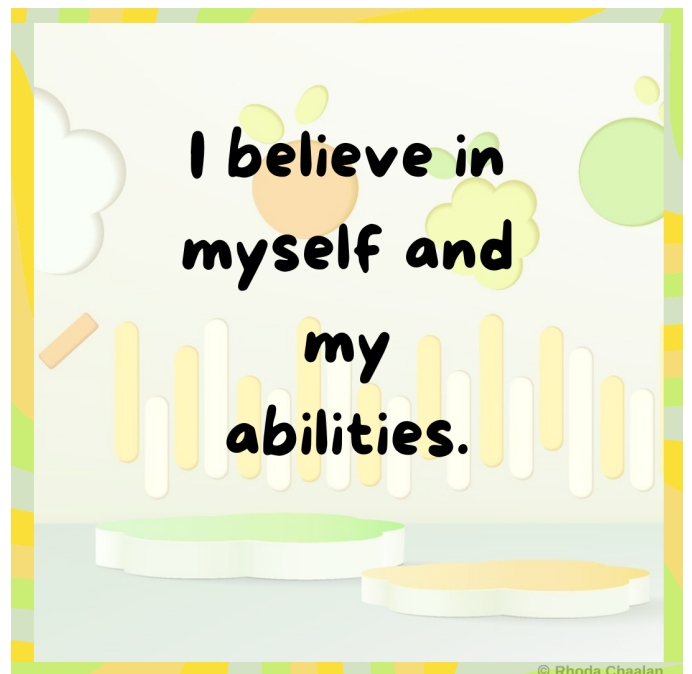


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**I can ask
for help
when I
need it.**

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**I can say
NO! If I'm
uncomfortable.**

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**A fresh
start is
always
possible.**

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**I am a
problem-
solver.**

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**It's ok to
speak up if
someone is
being treated
unfairly.**

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**Each day
is a new
opportunity
to learn more
about myself.**

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**I can choose
to bring joy
to the
people
around me.**

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**With love as
my foundation,
I can do
anything!**

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**I treat
others the
way I want
to be
treated.**

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**I can be
a leader
in my
own way.**

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**If I'm
overwhelmed
I can take a
break and
come back.**

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**Including
someone is
a bold act
of kindness.**

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**I am able to
find small
things to be
grateful for.**

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**I'm capable
of way
more than I
know.**

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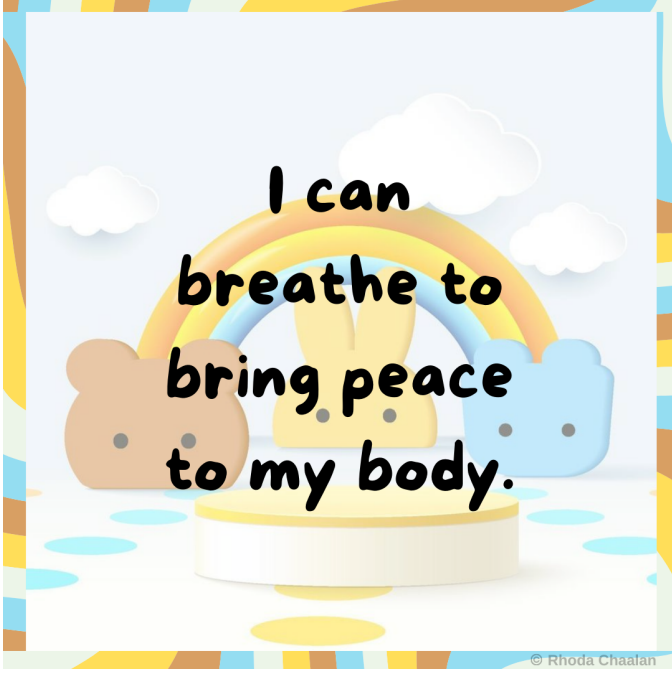


**I can take
quiet time
when I
need it.**

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**I am perfect
just the way
I am.**



**I can
breathe to
bring peace
to my body.**

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**Awesome
Kids
Affirmations**

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